

1179

### Red Box, Three Peak Hike

Leader John Morton

Date: May 21, 2014

Distance: 7.5 miles

Elevation gain: 2080 ft.

Trailhead Directions: Meet at Red Box Station at mileage paddle 38.38 on the Angeles Crest Highway about 14 miles from I-210 at the Mt. Wilson road turn off (SR-2). There are restrooms at Red Box.

The Hike: After walking up the Mount Wilson Road from Red Box about .4 mile, we take the San Gabriel Peak Trail (built by the JPL Hiking Club in 1988) 1.4 miles to the upper end of the Mount Disappointment fire road and then walk another half mile up to Mount Disappointment at 5960 feet elevation and about 1300 feet gain from Red Box. We then drop down to the saddle between San Gabriel Peak and Mount Disappointment and take the ridge trail 400 feet and .4 mile up to the peak at 6161 feet elevation.

After scrambling back down the trail to the saddle we will hike down the paved fire road to a point about one mile past the junction of the stub road leading up to Mount Disappointment where we reach a saddle at 5450 feet elevation. Here we start up a steep trail almost 400 feet and .35 mile to the summit of Mount Deception at 5796 feet elevation. It is all downhill from there as we first hike back down the paved fire road, then the paved Mount Wilson road to Red Box.

Refreshments at Red Box.

GPS Data: (One-way leg distances)

Redbox to Trailhead = 0.6 mi.; Elevation gain = 330 ft.

Trailhead to Mt. Disappointment = 1.7 mi.; Elevation gain = 1177 ft.

Mt. Disappointment to San Gabriel Peak = 0.8 mi.; Elevation gain (from saddle) = 280 ft.

San Gabriel Peak to Mt. Deception = 1.8 mi.; Elevation gain (from saddle) = 200 ft.

Mt. Deception to Redbox = 2.0 mi.; Elevation loss = 1290 ft.

Total RT = 6.9 mi.

Max Elevation change = (Redbox to SG peak) = 1710 ft.

<http://modernhiker.com/2007/01/28/hiking-san-gabriel-peak/>