

706

**Palos Verdes Peninsula Hike  
Ocean Trails and Forrestral Open Space Preserve**

**April 21, 2004**

**Hike leader: Anneliese Grohs**

Start time: 9:30 am

Distance: about 5 - 7 miles

Elevation: ups and downs, short steep stretches

Terrain: coastal sage scrub

View: on clear days Catalina Island and the coastline

**Directions to Trailhead:** From 405 Fwy take Harbor Fwy South to the end onto Gaffey and drive south to 25th St., turn right. After approximately 2 miles is the left turn onto La Rotunda Dr., just in the bend of the road and before P.V. Dr. East takes off to the right. People who are familiar with the Peninsula can also drive around it on P.V. Dr. West past the landslide area and the road construction. At the entrance to La Rotunda Dr. is a large sign: Costa Verde at Ocean Trails East. This area is a proposed building site. There are several levels for parking. We start the hike from the first one to your left at Twin Harbor View. There are good restroom facilities at the bottom of the drive to the right, past the Condos. You can walk or drive down.

**The Hike:** We will start on the Ocean Trails and wind our way through and past the golf course. The strong hikers can sprint down to the tide pools. There is an access to the beach. Most trails around the golf course are pretty with flowers, two lakes and many birds, etc. Unfortunately there is still construction going on and some bits of the trail are not so great. Also we have to cross PV Dr. and walk up a short section of street to get to the Forrestral Preserve. But up there you are rewarded with a good trail, wild flowers and a great view. I think we'll have the cookie break before we start on this trail near the Ladera Linda Community Center and lunch somewhere up on the trail with a view.

You can return to the parking lot the same way we came or along the road. There is a shorter walk under PV Dr. which is fairly level. For those who don't want to go up to the Forrestral Preserve there are many areas to explore around the golf course and I don't think you can get lost anywhere.

The Ocean Trails are wide and open, on the Forrestral trail there is a chance of ticks. There is no shade, but most of the time a wonderful ocean breeze.

We will have refreshments in the parking lot. Sorry, I did not find any picnic tables in the immediate neighborhood. But I still hope many of you will come and enjoy the clean ocean air.

